

Vasectomy

Description

Vasectomy, or male sterilization is a common way of near permanent contraception. Ashley Cooper was likely the first to do modern day vasectomy on a dog in the 19th century. Previously, vasectomies used to involve a big cut in the scrotal sac resulting in many complications. However, the success rate was good at about 95-99%. Since the introduction of no-scalpel vasectomy, acceptance has increased and complications have reduced significantly. No scalpel vasectomy was developed and first performed in China by Dr. Li Shunqiang. The aim being to reduce the fear related to the incision along with increasing vasectomy use in China. Since then, his method has been the gold standard in male sterilization.

Gentle Touch

Gentle Touch vasectomy represents further improvement over No-Scalpel Vasectomy. This is because the Gentle Touch Vasectomy technique does not require a needle to administer local anaesthesia. We use a high jet spray of anaesthesia called the Madajet®. With this technique there is minimal pain and discomfort as opposed to the needle technique.

Preparation

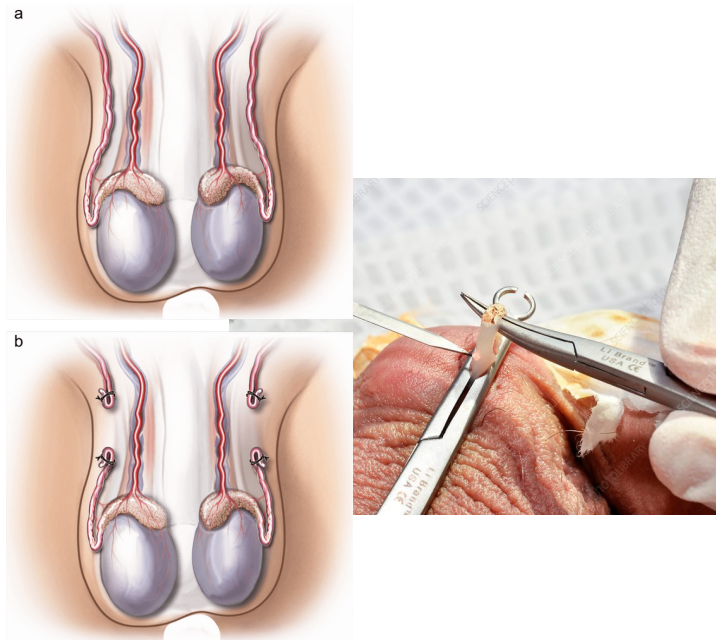
You should be fully satisfied you do not want any more children and that your family is complete. Make sure to get a good night's sleep the night before. It would be preferable to shave the scrotal area and get tight-fitting underwear.

Things to do:

Make sure you eat before coming in for the procedure.

It is advised not to do any vigorous activities for a day. However, if you have a desk job, you can go back to work the same day. You would be given paracetamol, and a 3 day course of antibiotics,

You will also be given a form for post-vas semen analysis (post-vas kit). This part is important since you must undergo a minimum of 20 ejaculations before testing for semen. It is common after vasectomy for some sperm to be in the parts of the seminal vesicle/ prostate and therefore still be possible to impregnate. The semen once obtained should be dropped off within 1 hour at your nearest labtest for urgent processing. You can resume regular sexual activity after 7-10 days. It is advised to take contraceptive precautions for up to 3 months or until your post-vas semen analysis shows no sperm in your given specimen.



Preparation cont...

Some patients may prefer to experience minimal feeling / anxiety during the procedure. These patients would be given a sleeping tablet which should be taken 1 hour before the operation. If you take the sleeping pill, we advise that you do not drive and instead organise someone to pick you up. Some patients may require gentle inhalation anaesthesia which if required would also be given.

Procedure

The procedure takes approx. 15-30 minutes. The room will be kept mildly warm, and relaxing music will be played. After infiltration with Madajet, usually with a single small hole both the vas will be approached, the inside of the lumen burnt with a diathermy and would be continued for 2-3 cms and then put back. Same procedure will be done for the other side. After the operation, there will be an application of antibiotic gel, simple dressing and with a supportive tight underwear.

Complications

There are some complications that you need to be aware of; infection, bleeding, vasectomy failure (1%), and very rarely chronic pain (0.2-0.5%). Minor sperm sac (spermatocele) is common with open ended vasectomy however causes less pressure/pain symptoms.

Pricing

The price of a vasectomy is **\$490** and if **mild inhalation analgesia (Penthrox)** is required, the price would be **\$650**. **Home testing kits not provided at present.**

Please contact reception to schedule an appointment with either Dr Satya or Nurse Edlyn for further information.

Who We Are & What We Do

Background

West Auckland Medical and Surgical Centre is a well-equipped surgical centre, offering world-class surgical options for skin cancer, circumcision, vasectomy, haemorrhoid issues, lumps, bumps and also hernia and varicose vein care.

The centre is streamlined into a surgical centre of excellence and mostly serves the West Auckland community.

The Surgical lead is Dr Satya Shanbhag along with his team of specialist nurses (Edlyn & Elina).

Values & Goals

It is our desire to exceed our core values and provide world class service and outcomes for all of our patients. Our values drive the desire to achieve our objective of delivering and demonstrating exceptional service and quality surgical care to our patients. We are dedicated to ensuring the patient along with their family or support person are provided with the necessary knowledge and information on their procedure. This brochure is a step in that direction.

Our goal is to develop and mature into a well-recognised surgical centre with a highly regarded reputation for delivering exceptional service and surgeries to our patients at affordable prices.

The motto of our service is "Do Good, Be Good and Great will be the Outcome"

Visit us

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Henderson, Auckland

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Email: reception@wamsc.co.nz

or nurse@wamsc.co.nz

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Our clinic is wheelchair accessible.
Mobility parking is available.

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WE CARE ABOUT YOU